

JOB DESCRIPTION

DEPARTMENT: Therapy

SUPERVISOR: Physical Therapist

POSITION: Physical Therapy Assistant

## Description

**SHIFT**: Day Shift, Occasional Weekend Day

## SCHEDULE: Part-Time

We are seeking a Physical Therapy Assistant to join our growing team of medical professionals. You will be working with patients who are recovering from injuries and disabilities. Helping them to regain their abilities so that they may resume work. The Physical Therapist Assistant will help Physical Therapists provide physical therapy treatments and procedures. The Physical Therapist Assistant may, in accordance with state laws, assist in the development of treatment plans, carry out routine functions, document the progress of treatment, and modify specific treatments in accordance with patient status and within the scope of treatment plans established by a physical therapist.

### **EDUCATION**

- Associates degree for physical therapy assistant from a university certified by the American Physical Therapy Association (APTA)
- Licensure in the state of Pennsylvania
- Must pass a state-administered exam or the National Physical Therapy Exam administered by the Federation of State Boards of Physical Therapy

### **Our Purpose and Values**

Everything we do is about caring for our patients, our members, our Bucktail Medical Center family, and our community.

Kindness: We strive to treat everyone as we would hope to be treated ourselves.

Excellence: We treasure colleagues who humbly strive for excellence.

**Learning:** We share our knowledge with the best and brightest to better prepare the caregivers for tomorrow.

**Innovation:** We constantly seek new and better ways to care for our patients, our members, our community, and the nation.

**Safety:** We provide a safe environment for our patients and members and the Bucktail Medical Center family.

# PHYSICAL DEMANDS

• Ability to move freely (standing, stooping, walking, bending, pushing, and pulling) along with lifting to a maximum of twenty-five (25) pounds without assistance.

# RESPONSIBILITIES

- Promotes and maintains health by providing physical therapy services under the supervision of a physical therapist.
- Contributes to a physical therapist's effectiveness by identifying patient care issues.
- Assesses patient health by interviewing patients, performing physical examinations, and obtaining updating, and studying therapy histories.
- Evaluates abnormal conditions by reviewing physical therapist's interpretations of patient evaluations and test results.
- Documents patient care services by charting in patient and department records.
- Performs therapeutic procedures by administering manual exercises and instructing, encouraging, and assisting patients in performing physical activities, such as non-manual exercises, ambulatory functional activities, and daily living activities.
- Instructs and counsels patients by describing therapeutic regimens, giving normal growth and development information, and promoting wellness and health maintenance.
- Maintains a safe and clean working environment by complying with procedures, rules, and regulations, and adhering to infection-control policies and protocols.
- Maintains production objectives by noting current treatment trends and monitoring actual physical therapy services rendered to production objectives.
- Maintains legal and accreditation compliance by adhering to policy positions concerning federal, state, and local regulations and JACHO standards.
- Instructs, motivates, safeguards, and assists patients as they practice exercises or functional activities. Observes patients during treatments to compile and evaluate data on their responses and progress and provides results to the physical therapist in person or through progress notes.
- Confers with physical therapy staff and others to discuss and evaluate patient information for planning, modifying, and coordinating treatment. Communicates with and instructs caregivers and family members on patient therapeutic activities and treatment plans.
- Transports patients to and from treatment areas, lifting and transferring them according to positioning requirements. Secures patients into or onto therapy equipment.
- Administers active and passive manual therapeutic exercises, therapeutic massage, aquatic physical therapy, and heat, light, sound, and electrical modality treatments such as ultrasound.
- Measures patients' range-of-joint motion, body parts, and vital signs to determine effects of treatments or for patient evaluations.
- Monitors operation of equipment and records use of equipment and administration of treatment.
- Fits patients for orthopedic braces, prostheses, and supportive devices such as crutches.

### REQUIREMENTS

- Physiological knowledge
- Health promotion and maintenance
- Creating a safe, effective environment
- Motivating others
- Organization skills
- Bedside manner
- Patient services
- Health care administration
- Documentation skills
- Listening and verbal communication
- Compassion and empathy
- Attention to detail.
- Organizational skills
- Manual dexterity
- Interpersonal skills
- Physical stamina

By signing below, I acknowledge that I have received, read and understand the Job Description for my intended position and fully understand the contents therein.

While functioning in my intended position I shall perform these duties to the best of my ability.

Signature

Date

Revised LM 09/2023